



# CARMEL MIDDLE SCHOOL COUGARS

Daily Bulletin

Friday, October 22nd, 2021

Period 1	7:45 - 8:35
Period 2	8:40 - 9:30
Break	9:30 - 9:40
Period 3	9:45 - 10:35
Period 4	10:40 - 11:30
Lunch	11:30 - 12:00
Period 5	12:05 - 12:55
Period 6	1:00 - 1:50
Period 7	1:55 - 2:45

**Congratulations to Sienna Farfan who is this week's Cougar Spirit Winner!** Please find Mrs. Wells during break to choose your prize! **Go Cougars!**

**If you have been collecting Cougar Bucks, today is your day to use them!** Come over to the Student Store during lunch with FOUR Cougar Bucks to receive a delicious ice cream treat! Please do not forget that you can only use the Cougar Bucks from this year when purchasing ice cream.

**Depending on the weather, come out to the main quad today at lunch for a Fun Friday Activity!**

**Good Luck to our Cross-Country Team** in their meet today! **Run Cougars Run!!**

**The Spider Festival** is coming to the library next Wednesday and Thursday at lunch and during 5<sup>th</sup> period. Games, crafts, knowledge, prizes, and fun!! Don't forget to capture those tarantulas. Stadille will pay you \$5 for each black beauty that you bring in!

**WiffleWonders:** The **SteelyVille Booster Seats** won by forfeit over the missing **WhitesVille Windshield Wipers**. The Faculty All-Stars, fresh off a win over the rusty 8<sup>th</sup> grade squad, will play the first 8 players who dare to challenge the throne.

**The Guess the Mass of the Pumpkin contest has begun!** Don't forget to stop by the library to guess it's mass IN KILOGRAMS (not pounds). The student with the closest guess gets to take the pumpkin home in time for Halloween.

**INK-tober's** Word of the Day is **OPEN**. Come to the library at lunch for some drawing fun!!

**Character Dare Challenge:** Yo, 8th graders, choose 1 way to remind yourself of the 2 values you wrote inside your heart during Monday's CAMPFIRE. If you need ideas, here are 3 (choose 1): **1.** Tell at least 2 people in your life these words. **2.** Make a digital wallpaper that includes them. **3.** Put them on a piece of paper or digital surface to see daily

**Next week schools from all around the country will be celebrating Red Ribbon Week.** At Carmel Middle School, we all take Red Ribbon Week very seriously because it is an opportunity to reflect on the importance of making good and healthy choices so we can all live long and successful lives by staying drug and alcohol free. During National Red Ribbon Week, we will have daily dress up themes that focus on the Red Ribbon message. Here are the dress-up days:

**Monday:** "Hugs Not Drugs" - Wear your **PJ's** **Tuesday:** "Black Out Drugs" - Wear **Black** Clothing

**Wednesday:** "Living Drug-Free is No Sweat" - Wear **Sweatshirts** and/or Sweatpants **Thursday:** "CMS is Proud to be Drug-Free" - Wear **CARMEL** Gear **Friday:** "Scare Away Drugs" - Wear Your **Halloween** Costume

**Attention 7th & 8th Graders:** As we approach the end of the first trimester, please note that if you are interested in applying for CJSF (the California Junior Scholarship Federation), your **official first trimester one grades** will be used for acceptance into this program. If you pride yourself on high scholastic achievement and have a passion for community service, please consider applying for CJSF at the end of the first trimester. Applications will not be available until the **end** of the first trimester.

 **Happy Birthday to:**

Also, Happy Birthday to

who is celebrating his over the weekend!