



Daily Bulletin
Friday, January 29th, 2021

0 period - Early Bird PE	7:35 a.m. – 8:10 a.m.
1st period	8:15 a.m. – 9:00 a.m.
2nd period	9:15 a.m. – 10:00 a.m.
3rd period	10:15 a.m. – 11:00 a.m.
4th period	11:15 a.m. – 12:00 p.m.
5th period	12:15 p.m. – 1:00 p.m.
6th period	1:15 p.m. – 2:00 p.m.
7th period	2:15 p.m. – 3:00 p.m.
8th period	3:15 p.m. – 4:00 p.m.
9th period	Independent Study PE

Happy Friday CMS! What a week! We made it! We hope you are all staying safe, dry, and healthy!

Please keep posting your incredible Random Acts of Kindness stories, pictures, and videos. It has been heartwarming to see the things our CMS students are doing to make this world a better place. In fact, one student and her mom helped a homeless woman by providing her with clothes and food for her dog. Another student made someone's day by leaving \$20 under a windshield wiper. The leadership class looks forward to highlighting all of the videos after the National Random Acts of Kindness Week. Please find all of the details on your Chromebook Homepage and the CMS Website. **Go Cougars!**

Interested in playing chess with other students at CMS? Or do you want to learn how to play? Sign up for the CMS CHESS CLUB with Mr. Mayer by sending him an email: smayer@carmelunified.org expressing your interest to become a better chess player or even to learn more about this game played equally by both girls and boys across the globe!

Yearbook news- We've got a beautiful, unique book to remember this strange year. Make sure you get a copy! Orders must be in by Feb 20th, and can be placed at the yearbook link on the **CMS homepage**

Attention Students: If you are looking for ways to connect & relieve stress, please join the School Counseling Google Classroom (class code: **gilvo4f**)! We host weekly nonacademic activities on **Tuesdays & Thursdays** and the times we meet rotate each week between 12:15, 1:15, & 2:15 PM.
TUESDAYS - Connecting with other & learning helpful strategies!
THURSDAYS - Playing a variety of fun board games! **All are Welcome!!!**

Students: Just a reminder if you need any tech-related assistance for your Chromebook that cannot be remedied with a hard-restart update, please fill out an online **Incident IQ Trouble Ticket** located on our website or by clicking the link below. This is the fastest and most streamlined way to have your tech issue addressed and fixed. <https://carmelunified.incidentiq.com/login>

Tech Department Tip of the Month: Your computer should sleep while you sleep! We all need sleep to keep us healthy and the same goes for your Chromebook. Make it a habit to power your computer down and plug it in while you sleep. That way, it'll be refreshed and working at its fullest capacity on a daily basis.



Happy Birthday to: Liliana Biggs, William Drumright, and Mrs. Bradley!!



Also, Happy Birthday our students celebrating over the weekend: Hayden Lutes and Milena Meyers!!