




Daily Bulletin

Thursday, November 12th, 2020

0 period - Early Bird PE	7:35 a.m. – 8:10 a.m.
1st period	8:15 a.m. – 9:00 a.m.
2nd period	9:15 a.m. – 10:00 a.m.
3rd period	10:15 a.m. – 11:00 a.m.
4th period	11:15 a.m. – 12:00 p.m.
5th period	12:15 p.m. – 1:00 p.m.
6th period	1:15 p.m. – 2:00 p.m.
7th period	2:15 p.m. – 3:00 p.m.
8th period	3:15 p.m. – 4:00 p.m.
9th period	Independent Study PE


 **Attention Cougars: Today is our Thursday Cougar Pride Spirit Day!** If you wore as much red or Carmel gear as possible to all of your Zoom classes, snap a selfie that shows off your red or Carmel Gear and submit it to the Google Form found on the CMS Chromebook Homepage. When you complete the form, you will be entered into a drawing for your chance to win incredible gift cards. You can find the Google Form on the CMS Chromebook Homepage. Go Cougars!

Attention Students: If you are looking for ways to connect & relieve stress, please join the School Counseling Google Classroom (class code: **gilvo4f**)! We host weekly nonacademic activities on **Tuesdays & Thursdays** and the times we meet rotate each week between 12:15, 1:15, & 2:15 PM.

TUESDAYS - Connecting with other & learning helpful strategies!

THURSDAYS - Playing a variety of fun board games!

All are Welcome!!!

 **Hey Cougars, Yearbook needs your selfies and pictures!** To pull off a book this year, we need your help. We need all kinds of photos- hobbies, sports, 8th grade baby pics, selfies, and pics of you doing your thing. Click the yearbook link at the bottom of the Chromebook homepage to upload your awesome pics. We can't do yearbook without your help! <https://www.carmelunified.org/Domain/703>

Attention 7th & 8th graders: As we begin the second quarter, please note that if you are interested in applying for CJSF (the California Junior Scholarship Federation) your second quarter final grades will be used for acceptance into this program. If you pride yourself on scholastic achievement and community service, please consider joining CJSF at the end of quarter two.

"In 1967, the California Junior Scholarship Federation (CJSF) was founded to foster high standards of scholarship, service and citizenship in the middle school/junior high grades. Like CSF, CJSF emphasizes service to the school and the community while encouraging pride in scholastic achievement. In recent years the rapid growth of the California Junior Scholarship Federation (CJSF) has greatly strengthened CSF."

Students need to reapply each year for CJSF. Applications will be available beginning DEC 14th and the deadline for applications will be JAN 8th!

 **Happy Birthday to: Daniela Ponce!!**