

SEPTEMBER 2020

GRAB AND GO MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Low Sugar Trix Cereal **1**
Fresh Peach
Milk
Turkey Deli Sandwich
Chips
Fresh Apple, Milk

Make your own Yogurt **2**
Berry & Granola Parfait
Milk
Mini Hot Dogs
Baked Beans
Fresh Nectarines/Milk

Strawberry Toaster Pastry **3**
Banana /Milk
Pizza My Heart
Romaine Garden Salad
Grape Juice
Milk

Blueberry Muffin **4**
String Cheese
Fresh Peach/Milk
Cheese Quesadilla
Celery Sticks
Fresh Watermelon
Milk

Labor Day
NO
SCHOOL **7**

Breakfast Burrito **8**
Orange Juice
Milk
Sourdough French Bread
Pizza
Fresh Carrots
Fresh Fruit/Milk

Cinnamon Crumble **9**
Breakfast Kit
Milk
Crunchy Fish Shapes
Sweet Potatoes
Graham Crax, Applesauce
Milk

Alphabets Cereal **10**
Fresh Peach
Milk
Pizza My Heart
100% Fruit Juice
Broccoli w/Ranch Dip
Milk

French Toast **11**
Fresh Berries
Milk
Chicken Quesadilla
Celery Sticks
Fresh Delicious Apple
Milk

Benefit Bar **14**
Nectarines
Milk
Bean & Cheese Burrito
WG LF Chips
Fresh Peach
Milk

Blueberry Pancakes **15**
Fresh Banana
Milk
Classic Cheeseburger
Baked Potatoes
Fresh Plum
Milk

Egg Breakfast Sandwich **16**
Fresh Oranges
Milk
Peanut Butter & Jam Sandwich
Celery Sticks
Fresh Apple / Milk

WG Cereals **17**
Banana/Milk
Pizza My Heart
MEarth Garden Salad
Grapes
Milk

Fresh Bakery Bagel **18**
w/Cream Cheese
Strawberries/Milk
Chicken Tenders
Tater Tots
Fresh Fruit
Milk

Cinnamon Toast Cereal **21**
Fresh Peach
Milk
Taco Nada
Celery Sticks
Fresh Orange
Milk

Cherry Apple Crunch Bar **22**
Banana
Milk
Turkey Deli Sandwich
WG Chips/Carrots
Fresh Apple, Milk

Oatmeal **23**
Craisins, Milk
Crunchy Fish Shapes
Sweet Potatoes
Graham Crax, Applesauce
Milk

Pavel's Bakery Egg Bread **24**
Fresh Melon/Milk

Pizza My Heart
100% Fruit Juice
Broccoli w/Ranch Dip
Milk

Make your own Yogurt **25**
Berry & Granola Parfait
Milk
Eisenberg All Beef Hot Dog
Baked Beans
Fresh Nectarines/Milk

WG Cereal **28**
Banana
Milk
Hamburger Sliders
Sweet Potato Fries
Fresh Plum
Milk

Breakfast Burrito **29**
Fresh Oranges
Milk
Peanut Butter & Jam Sandwich
Celery Sticks
Nectarines
Milk

Fresh Bakery Bagel **30**
w/Cream Cheese
Strawberries/Milk
Grilled Cheese
MEarth Tomatoes
Fresh Gala Apple
Milk



Menu subject to change.

Meals are now FREE to all students and will be available for pick up according to the schedule listed on this website.