

JUNE 2020

SUMMER GRAB N GO MEALS

MEALS ARE FREE TO ALL CHILDREN UNDER THE AGE OF 18.

Monday

1
BAGEL BAKERY BAGEL
CREAM CHEESE
STRAWBERRIES & BLUEBERRIES
MILK
PIZZA MY HEART SLICE
BROCCOLI & CHERRY TOMATOES
FRESH APPLE
MILK

8
BAGEL BAKERY BAGEL
CREAM CHEESE
FRESH APPLE SLICES/ MILK

PIZZA MY HEART
ROMAINE SALAD/GRAPE TOMATOES
FRESH PEACH
MILK

15
BAGEL BAKERY BAGEL
CREAM CHEESE
FRESH BANANA/ MILK

PIZZA MY HEART
BROCCOLI & CHERRY TOMATOES
FRESH GRAPES
MILK

22
BAGEL BAKERY BAGEL
CREAM CHEESE
FRESH PEACH/ MILK

PIZZA MY HEART
CUCUMBERS
FRESH FRUIT
MILK

29
CINNAMON RAISIN BAGEL
CREAM CHEESE
FRESH APPLE SLICES/ MILK
PIZZA MY HEART
BROCCOLI & CARROTS
FRESH FRUIT
MILK

Tuesday

2
CINNAMON TOAST CEREAL
BANANA
MILK
CALZONES, DELI SANDWICH OR
VEGETARIAN BEAN & CHEESE BOWL
WITH TORTILLA CHIPS
VALENCIA ORANGE / CARROTS/MILK

9
BREAKFAST BURRITO
FRESH GRAPEFRUIT
MILK
HAM & SWISS SANDWICH
LETTUCE & TOMATO
JICAMA/ GRAPES
MILK

16
OMLETTE & CROISSANT
FRUIT JUICE
MILK
CHICKEN TENDERS
TATER TOTS
PEACH
GRAHAMS/MILK

23
WAFFLES
BERRIES
MILK
RAVIOLI W/TOMATO BASIL SAUCE
ITALIAN BAQUETTE
SALAD
ORANGES/MILK

30
WG CEREAL BAR
BANANA/MILK
ALL BEEF NITRATE -FREE HOT DOG
ON WG ROLL
CORN ON THE COB
WATERMELON
MILK

Wednesday

3
WHOLE GRAIN BREAKFAST BAR
PEACHES
MILK
PIZZA MY HEART PEPPERONI PIZZA
CARROTS
FRESH APPLE OR PEAR
MILK

10
BLUEBERRY MUFFIN
HARD BOILED EGG
BANANA /MILK
HAMBURGER SLIDERS
BAKED FRENCH FRIES
HONEYCRISP APPLE
MILK

17
FRENCH TOAST
STRAWBERRIES
MILK
TURKEY CORN DOG
CORN ON THE COB
WATERMELON
MILK

24
OATMEAL
RAISINS
MILK
BEAN & CHEESE BURRITO
CELERY STICKS
DELICIOUS APPLE
MILK

Thursday

4
VANILLA YOGURT
FRESH BERRIES, BUNNY GRAHAMS

PEANUT BUTTER & JELLY SANDWICH
NECTARINES
CARROTS
MILK

11
MAKE YOUR OWN
YOGURT, GRANOLA AND
FRESH BERRIES PARFAIT
MILK
PIZZA MY HEART
BROCCOLI
FRESH PEAR/MILK

18
BAGEL BAKERY BAGEL
CREAM CHEESE
NECTARINE
PIZZA MY HEART
CARROTS
DELICIOUS APPLE
MILK

25
MAKE YOUR OWN
YOGURT, GRANOLA AND
FRESH BERRIES PARFAIT
MILK
PIZZA MY HEART
BROCCOLI
NECTARINE/MILK

Friday

5
OATMEAL W/MIXED NUTS
RAISINS
MILK
CHICKEN BEAN & RICE BURRITO
BELL PEPPER
GRAPES
MILK

12
BLUEBERRY PANCAKES
FRESH ORANGE
MILK
CHICKEN EGGROLL
NECTARINES
FORTUNE COOKIES
MILK

19
CEREAL/BANANA
MILK
TURKEY SUB ON
CRUNCHY BAGUETTE
LETTUCE&TOMATO
ORANGES/MILK
MILK

26
BLUEBERRY PANCAKES
ORANGES
MILK
CHICKEN TERIYAKI RICE BOWL
PINEAPPLE
MILK

SATURDAY: BAGEL BAKERY BAGEL W/PEANUT BUTTER
ORANGE JUICE, MILK
BBQ CHICKEN MEAL KIT, CARROTS, MILK

SUNDAY: HONEY SCOOTERS CEREAL, BANANA, MILK

BEAN DIP MEAL KIT, TORTILLA CHIPS, PEPPERS MILK