



BREAKFAST

SEPTEMBER 2019

CARMEL ELEMENTARY SCHOOLS

Breakfast prices:

Students: \$2.00

Reduced price: \$0.30

Aduts: \$ 3.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Labor Day</p>	<p>3</p> <p>STRAWBERRY YOGURT BREAKFAST OAT BAR SEASONAL FRESH FRUIT</p>	<p>4</p> <p>ASSORTED LOW SUGAR WG CEREALS SEASONAL FRUIT OR FRUIT JUICE</p>	<p>5</p> <p>EGG AND CHEESE SANDWICH FRESH MELON</p>	<p>6</p> <p>CINNAMON FRENCH TOAST SEASONAL FRESH FRUIT</p>
<p>9</p> <p>ASSORTED LOW SUGAR WG CEREALS STRING CHEESE SEASONAL FRESH FRUIT</p>	<p>10</p> <p>MINI MAPLE PANCAKES SEASONAL FRESH FRUIT</p>	<p>11</p> <p>LOW SUGAR YOGURT GRANOLA BAR FRESH SEASONAL FRUIT</p>	<p>12</p> <p>WAFFLES LOCAL ORGANIC BERRIES</p>	<p>13</p> <p>HOT OLD FASHIONED OATMEAL W RAISINS OR CRANBERRES</p>
<p>16</p> <p>VANILLA YOGURT NATURE VALLEY GRANOLA BAR LOCAL ORGANIC BERRIES</p>	<p>17</p> <p>PUMPKIN SCONES HARD BOILED EGG FRESH SEASONAL FRUITS</p>	<p>18</p> <p>EGG & VEGGIE BURRITO ORANGE JUICE OR FRESH FRUIT</p>	<p>19</p> <p>ASSORTED LOW SUGAR WG CEREALS STRING CHEESE SEASONAL FRESH FRUIT</p>	<p>20</p> <p>BANANA MUFFIN TURKEY SAUSAGE FRESH SEASONAL FRUITS</p>
<p>23</p> <p>ASSORTED LOW SUGAR CEREALS MINI BENEFIT BAR APPLESAUCE</p>	<p>24</p> <p>BREAKFAST BOWL (Scrambled Eggs potato and Veggies) FRUIT JUICE</p>	<p>25</p> <p>YOGURT, BERRY AND GRANOLA PARFAIT</p>	<p>26</p> <p>MAPLE PANCAKES SEASONAL FRESH FRUIT</p>	<p>27</p> <p>HOT OLD FASHIONED OATMEAL FRESH SEASONAL FRUITS</p>
<p>30</p> <p>BANANA or STRAWBERRY YOGURT BUNNY GRAHAMS FRESH SEASONAL FRUITS</p>				

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