

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>3</p> <p>Hot Grilled Cheese Sandwich Sun Cup 100% Orange Juice Strawberry Jell-O Locally Sourced Garden Salad</p> <p><i>Meatless Monday</i></p> | <p>4</p> <p>Hebrew National 100% all Beef Hot Dog Whole Wheat Hot Dog Bun Crispy Baked French Fries Locally Sourced Garden Salad Crisp Sliced Apples</p> | <p>5</p> <p>Whole Wheat Bean & Cheese Burrito Mexicali Corn Traditional Spanish Rice Locally Sourced Garden Salad Sweet Orange Wedges</p> <p><i>Lean & Green Wednesday</i></p> | <p>6</p> <p>Grilled Grass Fed Burger Cool Ranch Doritos Lettuce & Pickle Locally Sourced Garden Salad Chilled Sliced Peaches</p> | <p>7</p> <p>Cheese Pizza Wedge Crunchy Baby Carrots Crisp Sliced Apples Chocolate Chip Cookie</p> <p><i>Veggie Friday</i></p> |
| <p>10</p> <p>Classic Rotini Marinara Fresh Baked Breadstick String Cheese Locally Sourced Caesar Salad Chilled Sliced Pears</p> <p><i>Meatless Monday</i></p> | <p>11</p> <p>Whole Meat Chicken Nuggets Crispy Baked French Fries Locally Sourced Garden Salad Crisp Sliced Apples</p> | <p>12</p> <p>Loaded Baked Potato Veggie Chili, Cheese, Broccoli Sour Cream & Butter Locally Sourced Garden Salad Juicy Orange Wedges</p> <p><i>Lean & Green Wednesday</i></p> | <p>13</p> <p>Teriyaki Beef Dunkers Steamed White Rice Peas & Carrots Locally Sourced Garden Salad Chilled Pineapple Chunks</p> | <p>14</p> <p>Cheese Pizza Wedge Crunchy Baby Carrots Crisp Sliced Apples Chocolate Chip Cookie</p> <p><i>Veggie Friday</i></p> |
| <p>17</p> <p>Creamy Mac & Cheese Locally Sourced Garden Salad Crisp Apple Slices</p> <p><i>Meatless Monday</i></p> | <p>18</p> <p>Sweet n Sour Meatballs Steamed White Rice Strawberry Jell-O Locally Sourced Garden Salad</p> | <p>19</p> <p>Crispy Veggie Taco Beyond Beef Filling Refried Beans Lettuce & Sour Cream Sweet Juicy Orange Wedges</p> <p><i>Lean & Green Wednesday</i></p> | <p>20</p> <p>Roasted Turkey Traditional Stuffing Creamy Brown Gravy Flakey Dinner Roll Locally Sourced Garden Salad Chilled Sliced Peaches</p> | <p>21</p> <p>Cheese Pizza Wedge Crunchy Baby Carrots Crisp Sliced Apples Chocolate Chip Cookie</p> <p><i>Veggie Friday</i></p> |
| <p>24</p> <p>Winter Break</p> | <p>25</p> <p>Winter Break</p> | <p>26</p> <p>Winter Break</p> | <p>27</p> <p>Winter Break</p> | <p>28</p> <p>Winter Break</p> |
| <p>31</p> <p>Winter Break</p> | | | | |



Lunch Price: \$4.00 paid, .40 reduced – Adult Price \$5

You may qualify for free or reduced price meals. Applications are available at all schools and on line at the Carmel Unified website.

For questions regarding the Food Service program please call the Food Service Office at 831-624-4515

Food Service is looking for staff members. If you would like to work while your child/children are in school contact the Food Service Depart. at 624-4515.

MENU SUBJECT TO CHANGE

