

DECEMBER 2018

Carmel Middle

Monday

Tuesday

Wednesday

Thursday

Friday

3
 Coffee Cake
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

4
 Egg, Sausage, Cheese Muffin
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

5
 Breakfast Burrito
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

6
 Ham & Cheese Bagel
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

7
 Breakfast Pizza
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

10
 Coffee Cake
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

11
 Egg, Sausage, Cheese Muffin
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

12
 Breakfast Burrito
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

13
 Ham & Cheese Bagel
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

14
 Breakfast Pizza
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

17
 Coffee Cake
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

18
 Egg, Sausage, Cheese Muffin
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

19
 Breakfast Burrito
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

20
 Ham & Cheese Bagel
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

21
 Breakfast Pizza
 Bagel Cream Cheese
 Cereal, Assorted
 Muffin, Assorted
 Scone, Cinnamon or Blueberry
 Whole Wheat Cinnamon Roll

24
 Winter Break

25
 Winter Break

26
 Winter Break

27
 Winter Break

28
 Winter Break

31
 Winter Break



Breakfast Price : \$2.50 paid, .30 reduced – Adult \$3.50

You may qualify for free or reduced price meals. Applications are available at all schools and on line at the Carmel Unified website.

For questions regarding the Food Service program please call the Food Service Office at 831-624-4515.

Food Service is looking for staff members. If you would like to work while your child/children are in school contact the Food Service Department at 624-4515.

MENU SUBJECT TO CHANGE

