



## Healthy Kids Survey Agreement

Students in grades 5, 7, 9, and 11 are asked to be a part of our school's Healthy Kids Survey sponsored by the California Department of Education. This is a very important survey that will help promote better health among our youth and combat problems such as drug abuse and violence. Your child does not have to take the survey. Participation is voluntary and requires your permission.

**Survey Content.** The survey gathers information on behaviors such as physical activity and nutritional habits; alcohol, tobacco, and other drug use; school safety; and environmental and individual strengths and assets. It also includes questions about sexual attitudes and experience and use-related problems such as passing out, driving impairment, poor school performance, and unwanted or unprotected sex. It will take about one class period to complete. You may examine the questionnaire in the school district office.

**It is Voluntary.** Students who agree to participate with your permission only have to answer the questions they want to answer and they may stop taking it at any time.

**It is Anonymous.** No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

**Student Selection:** Your child is being asked to be in the survey only because the Carmel Unified School District is surveying all 5th, 7th, 9th and 11th graders in the district.

**Administration.** The survey will be administered in the Fall of 2016. It will take about one class period to complete (about 50 minutes) and will be administered in your child's Social Studies or English class.

**Potential Risks.** There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in eight years of survey administration. In rare instances, some discomfort might be experienced from the questions. The school's counseling services will be available to answer any personal questions that may materialize.

**For Further Information.** If you have questions about this survey or about your rights, you may call Paul Behan, the district Healthy Kids Survey Coordinator, at 624-1546, extension 2040.