



CARMEL MIDDLE SCHOOL COUGARS

Daily Bulletin

Friday, October 20th, 2023

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

Today is our Cougar Pride Spirit Day! If you are showing your spirit by wearing **LOTS of RED** or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. **Today is ALSO your chance to earn Cougar Bucks!** Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks to purchase ice cream! Each participant receives one Cougar Buck, and the winners receive two! **Go Cougars!**

INK-tober's Word of the Day is: GOLDEN. Come to the library today and any day you can during the month of October to practice our ink drawing skills. No talent is needed. Just bring a pen, some paper, and a positive attitude.

Today's Geo-Bee question of the day is: Florence. a city located on the Arno River, is home to the elaborate Boboli Gardens in which Country?

Wiffle News: The *Krislynville Coconuts* defeated the *Grrlanger Dangertaters* 12-5 in a win or go home contest. Despite the wind blowing in, the Coconuts' fearless leader Sophie Borges hit multiple home runs to help advance her team to the next round. Today's semifinal game will feature the *Allenville Avacodos* vs. *Mathesburg Mangos*.

Auditions for the fall play, *The Three Musketeers and the Very Pretty Diamonds*, will take place on Monday! No experience necessary. This hilarious swashbuckler is filled with slapstick and, of course, duels!! If you're interested, complete the google form that is found on our school website. Performers will also need to sign up for an audition appointment online and prepare to tell a joke and read sides from the play. If you have any questions, please email Ms. Balistreri at gbalistreri@carmelunified.org See you there!

So far, 19 people have signed up for the first chess tournament of the year. Today is the last day to sign-up with Mr. Mayer in room C-6. First 3 finishers in the chess tourney will earn prizes. Brackets will be set Monday with the tournament starting Tuesday!

Next week, schools from all around the country will be celebrating National Red Ribbon Week. The Red Ribbon organization is the oldest and largest drug prevention program that was established 37 years ago in order to spread awareness to students regarding the importance of living a healthy lifestyle by being drug and alcohol-free. Millions of people celebrate Red Ribbon Week by wearing red ribbons, participating in community anti-drug events, and pledging to live drug-free lives. This year's National Red Ribbon theme is **"Be Kind to Your Mind. Live Drug-Free."** At CMS, we try to encourage all of you to make positive choices each and every day by following the Cougar Way and always choosing kindness. During Red Ribbon Week, the leadership class will be hosting daily dress-up themes that focus on the Red Ribbon Message. **On Monday** - Each of will receive a stylish pair of Red Ribbon Week sunglasses with this year's theme, "Be Kind to Your Mind. Live Drug Free," and we are asking you to **"Shade Out Drugs"** by wearing your sunglasses all day long. **On Tuesday** - We are going to **"Spread the Aloha"** by having the eighth graders wear their Aloha sweatshirts. For everyone else, we hope that you will dress in Hawaiian gear. **On Wednesday** - You need to remember that we need to embrace **"Hugs Not Drugs,"** and wear our PJs to school. **On Thursday** - You should show that **"CMS is Proud to be Drug Free"** by wearing Carmel Gear or as much Red as possible. **On Friday** - It's time to **"Scare Away Drugs"** by wearing Halloween costumes to school. Also, on Friday, we hope that you will keep on their Halloween costumes for the Halloween Dance that will take place outside in our main quad from 7:00-8:30 P.M. More information coming up next week!

Today's Menus: Breakfast: Breakfast Burrito, Bagel w/cream cheese, and Cinnamon Frosted Flakes.
Lunch: Round Table Pizza, Spicy Chicken Wrap, Cheeseburger or an Italian Sub Sandwich.

Happy Birthday to:
Also, Happy Birthday to: who are celebrating over the weekend!