



Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

CONGRATULATIONS to our 8th Grade Girls Basketball Teams in their exciting win against Buena Vista Middle School to take the title of 2023 MTJAL CHAMPIONS! Way to go Cougars! ~Congratulations to ALL our players and coaches on a season well played.

Today is our Cougar Pride Spirit Day! If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. **Go Cougars!**

Come out to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat.

The FIRST EVER CMS Songwriter's Showcase will take place TONIGHT in the theater. Admission is free, and no advance tickets are necessary. Come out to the show and hear performances and songs by Shimmy Sheth, Cat Kristlyn, Briana Glass, Storey Smith, Sophia Ortiz, Niko Rachuna, Skyler Madsen, Radler Pinkerton, Kat Martynova, as well as Mr. Loosley, Cindy Alexander, and the CMS Songwriter's Band. The show begins at 7pm. Be there!

Nepal Fundraiser Update-After Day 4, the total Nepal donations for our school is \$1,571.38. That is enough to send 9 girls to school in Nepal for a year. Great job so far. Our lead grade level classes as of yesterday are:

6th Grade- Mrs. Silva's Period 3 Class swiped the lead from Krislyn's period 3 yesterday!

7th Grade- Ms. Williams' Period 1 Class

8th Grade- Mr. Anderson's Period 3 Class

The fundraiser will run until next Wednesday, 2/15. Thank you to those who have already brought in donations. Bring in whatever you can...every little bit helps.

Good luck to our 6th Grade Girls Basketball Team in their home game tomorrow at 2:30.

CJSF MEMBERS: Come to the Makers Space TODAY at lunch to make Valentine Cards for people in our community!

Eighth Grade Wiffle Ball Update: The *Mayer Motors* outscored the *Clarke-Ford Alternators* by a score of 10-6 at the old ballpark yesterday. Today the *Kuenz Catalytic Converters* take on the *Carr-buretors*. Come enjoy the action.

Do not forget that Monday is the start of National Kindness Week! Be sure to help spread kindness by dressing up each day and taking part in our Kindness Challenges.

Monday - "**Dream of a KINDER Future**" - Wear PJs

Tuesday - "**Multiply the KINDNESS**" - Dress like your friends

Wednesday - "**Shine Bright with KINDNESS**" - Wear neon/bright colors or shirts with positive messaging

Thursday - "**Team up for KINDNESS**" - Wear your favorite sports team gear

Friday - "**Show the Spirit of KINDNESS**" - Wear CMS Spirit Gear or LOTS of Red

Today's Menus: Breakfast: Sausage and Cheese Breakfast Pizza, Yogurt w/Granola, and Assorted Cereals.

Lunch: Cheesy Pull-Aparts w/ marinara sauce, Beef Taquitos, Chicken Corndog, or a Spicy Chicken Wrap.

Happy Birthday to:

And Happy Birthday to everyone celebrating over the weekend: