






Period 1	7:45 - 8:30
Period 2	8:35 - 9:20
Break	9:20 - 9:30
Period 3	9:35 - 10:20
Period 4	10:25 - 11:10
Lunch	11:10 - 11:40
Period 5	11:45 - 12:30
Period 6	12:35 - 1:20
Period 7	1:25 - 2:10


Happy Promotion Day to our 8th Grade Students!


 **Today is our LAST Cougar Pride Spirit Day of the year!** If you are wearing lots of red or Carmel Gear, be sure to come to the Spirit Table at lunch to be entered into a drawing for your chance to win CMS Spirit Gear or Awesome Gift Cards! **Go Cougars!**


8th Graders: Today you will be checking in to your 2nd period class for attendance before heading out to your LAST Promotion Practice! Your Class Beach Party is also happening today! Please report to your 4th period class for roll call before being excused to begin boarding busses at 10:30!


 **Yearbook News:** If you did not order a yearbook, but would still like a copy, we have a limited supply available for purchase in the office for \$50.

 **Attention 2022-23 Leadership Students:** If you are ordering a sweatshirt for next year, please return the order form and money to Mrs. Wells by tomorrow.

 **Last Chance to claim your belongings!** Please stop by the LOST AND FOUND shelf in between the office and cafeteria where MOUNDS of fancy water bottles, expensive sweatshirts, lunchboxes, and other belongings have been collected. Be sure to claim your forgotten items before they are donated to charity after Friday.

 **Attention Shoppers:** "Square-Deal" Stadille is having a final sale today of books, posters, aquariums, bones, and other junk...ahem... I mean fantastic stuff! Nothing will be sold over a quarter! Unheard of prices! What an opportunity!! This once in a lifetime sale takes place at lunchtime. Buy early! Buy often!

 **Attention Track Stars:** If you placed 1st, 2nd, or 3rd in any event at the last meet, stop by Mr. Steely's room in the Habitat to claim your ribbon!

 **Industrial Arts Students:** Stop by Mrs. Ishler's class and pick up your ukulele. You must take it home today!

 **Today's Menus:** **Breakfast:** Cereal. **Lunch:** Chicken and Waffles, Corndog, and Cheese Quesadilla.