CARMEL UNIFIED SCHOOL DISTRICT
Board Education Committee Meeting
March 5, 2018
1:00 pm – 3:00 pm
District Office
**LARGE CONFERENCE ROOM**
4380 Carmel Valley Road, Carmel, CA 93923

PLEASE NOTE: The CUSD Policy Committee is convened to review and discuss proposed policy language and no action will be taken. Designated times for the agenda are estimates and the committee reserves the right to change the order of items being discussed.

In compliance with the Americans with Disabilities Act those requiring special assistance to access the Committee/Board meeting room, to access written documents being discussed at the Committee/Board meeting, or to otherwise participate at Committee/Board meetings, please contact the Superintendent’s Office at 831-624-1546 Ext. 2021. Notification at least 72 hours prior to the meeting will enable the District to make reasonable arrangements to ensure accessibility to the Committee/Board meeting and to provide any required accommodations, auxiliary aids, or services.

I. OPENING BUSINESS
   I.a. Call Public Session to Order
   I.b. Adopt Agenda
   I.c. Pledge of Allegiance

II. OPEN FORUM
    Members of the public may address the committee on items relevant to the subject matter jurisdiction of the committee and any item on the agenda.

III. DISCUSSION/INFORMATION ITEMS
    III.a. Carmel Unified School District Counseling Presentation
    III.b. Student Supports in Outlying Areas
    III.c. Discussion on Goals Process

IV. ADJOURNMENT
CUSD Counseling Program Update - March 2018

Meeting students academic, career, personal, and social-emotional needs across the district
CUSD Counseling Program
American School Counselor Association (ASCA)
DOMAINS & STANDARDS

1. Academic Development
2. Career Development

3. Personal / Social Development

Standard G. Students will acquire the attitudes, knowledge and interpersonal skills to help them understand and respect self and others

Standard H. Students will make decisions, set goals, and take necessary action to achieve goals

Standard I. Students will understand safety and survival skills
Guidance Action Plans...

Create a roadmap for:

- ASCA Domain and Standard alignment
- Lessons and activities by grade level
- Curriculum and materials
- Projected start/end dates
- Evaluation methods

Links:

Elementary  Middle  High School
Elementary School Programs

Self Management
- In class guidance lessons (healthy expression of feelings, goal setting, stress management)
- Kelso’s choice
- Life Skills Curriculum
- 4th & 5th grade conflict managers

Self Awareness
- In class guidance lessons (Tolerance, diversity, and ability awareness)

Relationship Skills
- Small group support (Healthy Friendships)
- Kelso’s Choice
Whole School Social Emotional Learning
- Pillars of Character
- In Class Guidance Lessons
- Kelso's Choice
- Welcome Buddies
- Safe Touch/Unsafe Touch
- 4th & 5th grade conflict managers
- Loving Solutions (Parent support group)
- Middle School Transition Support for 5th graders

Small Group & Individual Social Emotional Learning Supports
- Small group support
- Individual counseling
- Teacher consultation/push in classroom support
- Parent meetings & family referrals
- Conflict resolution support
- Collaboration and coordination with MCBH & LC Collab
- Student Success Team Meetings
Sample Classroom Guidance Lessons

- Healthy Boundaries
- Peaceful Conflict Resolution
- Tolerance & Diversity
- Short & Long Term Goal Setting
- Time Management, Stress and Stress Reduction
- Body Image & Self Esteem
- Career Exploration
- Understanding Feelings & Managing Strong Emotions
- Safe Touch/Unsafe Touch

Sample Small Group Focus Areas

- Awareness and tools for addressing worry & anxiety
- Managing strong emotions
- Building healthy friendships
- Self image and worth
- School success
- Strategies for focus & attention
- Becoming a scholar
Character Assemblies provide learning opportunities for all students. Upper grade students are hosts, grade levels do the teaching of the pillars through oral readings, song and dramatic skits.
Dramatic skit for the pillar of FAIRNESS allows students to have fun as well as dig in to the meaning of good character.
NEW THIS YEAR at CMS

- Kindness Campaign
- Not in Our School
And more at CMS.....

- Welcome Buddies
- Cyberbullying Prevention
- Bullying Prevention Challenge Day
- Guidance Curriculum
- Building a Connection
- New Student Luncheons

- Ohana Day
- Intentional Guidance VRDTP
- Thursday Gatherings
- The Mask You Live in Miss Representation
- Conflict Resolution
- Sexting Prevention
Not in Our School Video Clip

CUSD 754.MOV
Carmel High School

- LCSW Support Counselor
- Power Forward Program (alternate suspension for Drug and Alcohol)
- Personal/Social support from Academic Counselors
- SEL/Challenge Success
- Collaborating with Leadership class on campus
- Counselors communicating with students about balance in their academics/activities to limit the levels of stress students experience
- **Self Management** - LCSW work with students and small groups, counselors work 1 on 1 with students and in group settings to provide social emotional support and positive self management strategies (add deeper level services if needed)
- **Social Awareness** - Classroom presentations, assessments demonstrating where they may be and how to connect with the world around them, Kindness Week
- **Responsible Decision Making** - Multi-tiered service, small groups, one on one consults, college and career choices, course selection choices, encouraging life decisions that lead to a healthy, successful, and balanced life
- **Self Awareness** - Naviance self assessments and interpretation of results have been done in all grade levels - (Do What You Are, Career Assessment, Strengths Assessment, Post Secondary Planning)
CHS College & Career Grant

- College/Career Readiness Training (Counselor, Administration)
- Myers Briggs Personality & Career Assessment Certification
- UC/CSU Counselor Conferences for other teachers (AVID)
- Curriculum Development regarding College & Career - 5 year plan connecting college to career
- Articulation with MPC - developing pathways for the future and strengthening the current career pathways
- WeCatalogue of Online Information Redesign & Revamp Website
## CHS 2008 – 2018: Decade by the Numbers

<table>
<thead>
<tr>
<th>CHS</th>
<th>COUNSELING DEPARTMENT</th>
<th>DEMOGRAPHIC CHANGES</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total Stu #</td>
<td># of seniors</td>
</tr>
<tr>
<td>Class of 2008</td>
<td>721</td>
<td>176</td>
</tr>
<tr>
<td>Class of 2009</td>
<td>717</td>
<td>176</td>
</tr>
<tr>
<td>Class of 2010</td>
<td>704</td>
<td>162</td>
</tr>
</tbody>
</table>

Program Change → SPECIALIZED SERVICES

| Class of 2011            | 730         | 168         | 3        | 1:243 | Grade Level: | 74%           | 104           | 63            | 58        | 8                       |
| Class of 2012            | 772         | 177         | 3        | 1:257 | (9-10)(11)(12) | 73%           | 119           | 62            | 59        | 8                       |
| Class of 2013            | 778         | 163         | 3        | 1:259 |            | 81%           | 124           | 72            | 61        | 9                       |
| Class of 2014            | 822         | 195         | 3        | 1:274 |            | 74%           | 135           | 97            | 76        | 9                       |
| Class of 2015            | 802         | 192         | 3        | 1:267 |            | 73%           | 143           | 92            | 67        | 9                       |
| Class of 2016            | 870         | 193         | 3        | 1:290 |            | 75%           | 148           | 94            | 71        | 9                       |

Program Change → ADDRESS DEMOGRAPHIC CHANGE + ADD NEW SERVICES

| Class of 2017            | 853         | 201         | 4        | 1:213 | Services Model: | 74%           | 145           | 102           | 74        | 10                      |
| Class of 2018            | 846         | 202         | 4        | 1:212 | Academic + Grade Level | 76%           | 142           | 101           | 77        | 10                      |
| Class of 2019            | N/A         | 210         | 4        |      | College/Career + Alpha | --           | --            | --            | --        | --                      |
| Class of 2020            | N/A         | 223         | 4        |      |                   | --           | --            | --            | --        | --                      |
**CHS 2008 – 2018: Beyond Counselor Ratios**

<table>
<thead>
<tr>
<th>CHS DEMOGRAPHIC CHANGES</th>
<th>FROM</th>
<th>TO</th>
<th>% INCREASE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Population</td>
<td>721</td>
<td>846</td>
<td>+ 17% *</td>
</tr>
<tr>
<td>Grade-Level Size</td>
<td>176</td>
<td>202</td>
<td>+ 19% *</td>
</tr>
<tr>
<td>Students Eligible to Apply</td>
<td>50%</td>
<td>76%</td>
<td>+ 26%</td>
</tr>
<tr>
<td>Students Applying to 4-Year Colleges</td>
<td>86</td>
<td>142</td>
<td>+ 65%</td>
</tr>
<tr>
<td>Average Number of Colleges Applied To</td>
<td>5</td>
<td>10</td>
<td>+ 100%</td>
</tr>
<tr>
<td>Students Applying to UC System</td>
<td>31</td>
<td>77</td>
<td>+ 148%**</td>
</tr>
<tr>
<td>Students Applying to Private Colleges</td>
<td>38</td>
<td>101</td>
<td>+ 166% ***</td>
</tr>
</tbody>
</table>

* +17-19% TOTAL POPULATION & GRADE-LEVEL: Scheduling Meetings, 1-on-1 Community College Conferences, Schedule Changes, Quarterly Grad Status Reviews, 504 Meetings, 1-on-1 Four-Year College Conferences, At-Risk Meetings, Parent Emails + Phone Calls + Meetings, Student Drop-in Appointments, IEP Meetings, Individual Classroom/Teacher Concerns, SST’s, SSD Accommodation Applications, Credit Recovery, etc.

** +148% UC APPLICANTS: Online Application Support & Troubleshooting, Test Score Support & Troubleshooting, ESSAY SUPPORT = 4 essays each applicant; Outline/Idea Support + Draft Review + Editing, Optional Essay Support (hardship explanation, obstacles, etc.), UC: Additional Information Requests (additional 2-4 supplemental essays + UC-Specific Recommendation)

Question & Answer