

What Does CHDP Offer?

Routine Physical Check-Ups:

- ♥ Growth and Development Check
- ♥ All Needed shots
- ♥ Dental Screening
- ♥ Vision Screening
- ♥ Hearing Screening
- ♥ Nutrition Check-Up
- ♥ Health Education
- ♥ Tobacco Education
- ♥ Test for Anemia, Blood Lead, Urine, TB, and Others as Needed
- ♥ WIC Referral for Children to Age 5

Regular Dental Check-Ups and Follow Up Care if Needed

If further medical, dental, or mental health services are needed, we will help you find them. Diagnosis and treatment will be paid for as long as your child is on Medi-Cal.

For persons with share of cost Medi-Cal, you may have CHDP pay for the check-up or you may pay for the check-up and have the cost count toward your required payment. A co-payment is NOT charged for CHDP services.

Bring your current Medi-Cal card and shot record.

Information

Call your local CHDP Office

- For more information
- Help getting an appointment and transportation
- Find a CHDP doctor

831-755-4960

Additional Resources

Monterey County Health Department
755-4500
www.mtyhd.org

Mental Health Access to Treatment
1-888-258-6029

WIC	Salinas	796-2888
	Seaside	393-3251
	Soledad	678-5121
	King City	386-6879

Walk-in Immunizations
Salinas 769-8870
Seaside 899-8100

Medi-Cal Eligibility/CalFresh
1-866-361-0477

Food Bank 758-1523

Central California Alliance for Health
(Medi-Cal plan in Monterey County)
1-800-700-3874

English

Child Health & Disability Prevention Program (CHDP)

Medical & Dental Health Check-Ups

For Babies, Children, and Youth



FREE

Through Age 20:

- With Full Scope Medi-Cal
or

Through Age 18:

- Income Eligible,
- Without Insurance

Why Check-Ups?

A complete **health** check-up may find medical, dental, and/or mental health problems before they become serious. Needed shots are given. There is time to ask questions. A health check-up may be given, when required, for foster care, sports, or camp. You can usually get CHDP Check-Ups where you get your health care.

Babies and Toddlers

Regular Well-Baby Care and Shots

Babies and toddlers need health check-ups often. They need to get their shots on time.



How Often?

One exam during each of these age ranges:

Under 1 month	10-12 months
1-2 months	13-15 months
3-4 months	16-23 months
5-6 months	2 years
7-9 months	3 years

School Children

School Check-Ups

State law requires children entering kindergarten or first grade to have a health check-up and be up-to-date on their shots.

Health check-ups may find health problems that could prevent a child from doing well in school.



How Often?

One exam during each of these age ranges:

- Between 4-5 years
- Between 6-8 years
- Between 9-12 years

Check your Medi-Cal plan. Your child may be eligible for health check-ups every year.

Teenagers & Young Adults

Health Check-Ups

Teens need check-ups too! They may have questions about their health. They can ask a health care provider.



How Often?

One exam during each of these age ranges:

- Between 13-16 years
- Between 17-20 years

Ask your doctor or local health department for other services for teenagers.

Check your Medi-Cal plan. Your child may be eligible for health check-ups every year.