

Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day

4

Turkey & Cheese Sandwich  
On Sliced Wheat Bread  
Baked Cool Ranch Chips  
Sweet Refreshing Watermelon

5

Radical Rice & Bean Enchilada  
Locally Sourced Garden Salad  
Sliced Peaches

6

Chicken Street Tacos  
Fiesta Corn Salad  
Locally Sourced Garden Salad  
Crisp Apple

7

French Bread Cheese Pizza  
Crunchy Baby Carrots  
Apple  
Cookie

8

Wacky Mac & Cheese  
Sweet Corn  
Locally Sourced Garden Salad  
Juicy Orange Wedges

11

Teriyaki Dunkers  
Steamed White Rice  
Locally Sourced Garden Salad  
Fortune Cookie  
Chilled Pineapple Chunks

12

Bean & Cheese Burrito  
Traditional Spanish Rice  
Locally Sourced Garden Salad  
Chilled Ripe Strawberries

13

Grass-fed Organic Beef  
Hamburger or Cheeseburger  
On Whole Wheat Bun  
Baked Original Sun Chips  
Sweet Juicy Watermelon

14

French Bread Cheese Pizza  
Crunchy Baby Carrots  
Apple  
Cookie

15

Classic Rotini Marinara  
With House Made Sauce  
String Cheese  
Soft Bread Roll  
Locally Sourced Garden Salad  
Crisp Apple

18

Breakfast for Lunch  
Fluffy French Toast  
Turkey Sausage  
Crisp Tater Tots  
Syrup  
Banana

19

Pasta Alfredo  
In Light Sauce  
Fresh Baked Breadstick  
Locally Sourced Garden Salad  
Chilled refreshing Grapes

20

Hebrew National Kosher Hot Dog  
On Whole Wheat Bun  
Baked Crispy French Fries  
Sliced Peaches

21

French Bread Cheese Pizza  
Crunchy Baby Carrots  
Apple  
Cookie

22

Radical Rice & Bean Enchilada  
Locally Sourced Garden Salad  
Crisp Apple

25

Teriyaki Drumstick  
Soft Sesame Noodles  
Locally Sourced Garden Salad  
Chilled Pineapple Chunks

26

Bean & Cheese Burrito  
Traditional Spanish Rice  
Locally Sourced Garden Salad  
Chilled Ripe Strawberries

27

Grass-fed Organic Beef  
Hamburger or Cheeseburger  
On Whole Wheat Bun  
Baked Original Sun Chips  
Sweet Juicy Watermelon

28

French Bread Cheese Pizza  
Crunchy Baby Carrots  
Apple  
Cookie

29



Lunch Price: \$4.00 paid, .40 reduced

You may qualify for free or reduced price meals. Applications are available at all schools, at the District Office and on line at the Carmel Unified website. For questions regarding the Food Service program please call the Food Service Office at 831-624-4515.