

Monday

Tuesday

Wednesday

Thursday

Friday

2

Cereal
 Mini Muffin
 Fresh Fruit Assorted
 Milk

3

Breakfast Pizza
 Fresh Fruit Assorted
 Milk

4

Coffee Cake
 String Cheese
 Fresh Fruit Assorted
 Milk

5

Breakfast Burrito
 Fresh Fruit Assorted
 Milk

6

Egg & Cheese Breakfast Sandwich
 Fresh Fruit Assorted
 Milk

9

October
 Break

10

October
 Break

11

October
 Break

12

October
 Break

13

October
 Break

16

Staff
 Development

17

Breakfast Pizza
 Fresh Fruit Assorted
 Milk

18

Coffee Cake
 String Cheese
 Fresh Fruit Assorted
 Milk

19

Cheese Quesadilla
 Fresh Fruit Assorted
 Milk

20

Egg & Cheese Breakfast Sandwich
 Fresh Fruit Assorted
 Milk

23

Cereal
 Mini Muffin
 Fresh Fruit Assorted
 Milk

24

Breakfast Pizza
 Fresh Fruit Assorted
 Milk

25

Coffee Cake
 String Cheese
 Fresh Fruit Assorted
 Milk

26

Breakfast Burrito
 Fresh Fruit Assorted
 Milk

27

Egg & Cheese Breakfast Sandwich
 Fresh Fruit Assorted
 Milk

30

Cereal
 Mini Muffin
 Fresh Fruit Assorted
 Milk

31

Breakfast Pizza
 Fresh Fruit Assorted
 Milk

Breakfast Price: \$2.00 paid, .30 reduced
 You may qualify for free or reduced price meals. Applications are available at all schools, at the District Office and on line at the Carmel Unified website.
 For questions regarding the Food Service program please call the Food Service Office at 831-624-4515.