

SEPTEMBER 2017

After School Snack

Carmel Unified

Captain Cooper

Monday

Tuesday

Wednesday

Thursday

Friday

1

Labor Day

4

Apple Cinnamon Bar
Juice

5

Yogurt
Granola

6

Mini Muffin
Milk

7

8

String Cheese
Pretzels

11

Apple Cinnamon Bar
Juice

12

Yogurt
Granola

13

Mini Muffin
Milk

14

15

String Cheese
Pretzels

18

Apple Cinnamon Bar
Juice

19

Yogurt
Granola

20

Mini Muffin
Milk

21

22

String Cheese
Pretzels

25

Apple Cinnamon Bar
Juice

26

Yogurt
Granola

27

Mini Muffin
Milk

28

29

After School Price: .60 paid, .15 reduced
You may qualify for free or reduced price meals. Applications are available at all schools, at the District Office and on line at the Carmel Unified website.
For questions regarding the Food Service program please call the Food Service Office at 831-624-4515.

