

**Carmel Unified**

**Secondary  
Lunch  
CHS**

**May**

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|---|--|--|---|--|
| 1<br><b>Hot Bar</b> -Veggie Chili w/Beans<br>Cornbread, Cheese & Tangerine<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger        | 2<br><b>Hot Bar</b> - Silver Dollar Pancakes<br>Sausage, Tator Tots & Banana<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger           | 3<br><b>Hot Bar</b> - Three Cheese Raviolis<br>Soft WW Roll, Garden Salad & Orange<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger       | 4<br><b>Hot Bar</b> - Chicken Nuggets, Biscuit<br>Baked Fries, Garden Salad & Peaches<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger   | 5<br><b>Hot Bar</b> - Beef or Bean Nachos<br>w/ all the Sides & Fresh Fruit<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger  |
| 8<br><b>Hot Bar</b> - Bean & Cheese Burrito<br>Rice, Garden Salad & Tangerine<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger     | 9<br><b>Hot Bar</b> -Spaghetti Marinara,<br>Breadstick, Garden Salad & Tangerine<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger       | 10<br><b>Hot Bar</b> - Teryaki Drumstick<br>Sesame Noodles, Salad & Pineapple<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger            | 11<br><b>Hot Bar</b> - Hebrew National Hot Dog<br>Baked Sun Chips, Garden Salad & Plum<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger  | 12<br><b>Hot Bar</b> - Beef or Bean Nachos<br>w/ all the Sides & Fresh Fruit<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger |
| 15<br><b>Hot Bar</b> -Spaghetti Marinara,<br>Breadstick, Garden Salad & Tangerine<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger | 16<br><b>Hot Bar</b> - French Bread Pizza<br>Garden Salad & Sliced Peaches<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger             | 17<br><b>Hot Bar</b> -Wacky Mac n Cheese<br>Bread Roll, Garden Salad & Orange<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger            | 18<br><b>Hot Bar</b> - Turkey & Cheese Sandwich<br>Baked Sun Chips, Garden Salad & Plum<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger | 19<br><b>Hot Bar</b> - Beef or Bean Nachos<br>w/ all the Sides & Fresh Fruit<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger |
| 22<br><b>Hot Bar</b> - Bean & Cheese Burrito<br>Rice, Garden Salad & Tangerine<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger    | 23<br><b>Hot Bar</b> - Chicken Nuggets, Biscuit<br>Baked Fries, Garden Salad & Peaches<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger | 24<br><b>Hot Bar</b> - Grilled Cheese Sandwich<br>Pickle, Wacky Mac Pasta Salad & Orange<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger | 25<br><b>Hot Bar</b> - Salad Bar w/ Chili<br>Bread Stick, Pasta Salad & Red Plum<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger        | 26<br><b>Hot Bar</b> - Beef or Bean Nachos<br>w/ all the Sides & Fresh Fruit<br><b>Hamburger Bar w/Baked Fries</b><br>Entrée Salad<br>Bean & Cheese Burrito<br>Sandwich, Assorted<br>Pizza<br>Spicy Chicken Burger |
| 29<br>Memorial Day  | 30<br>Cook's Choice  | 31<br>Cook's Choice  | 1<br>Cook's Choice  | 2<br>Cook's Choice   |

Menu subject to change

Lunch

Price: \$4.00 paid, \$ 40 reduced, \*\$5.00 Adults

\* Note: For federal programs, Adult meals must be priced at least \$0.50 higher than the full price charged to students, must be charged sales tax, and are not reimbursable.

You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program you can call the food service office at 831-624-4515.

All Meals Include  
1% Low-Fat Milk  
or Non-Fat Chocolate Milk