

After School Enrichment Program
Carmel River School
Fall 2023

ASE Fall 2023 Session Dates: **Sept 11-Nov 10**

The After School Enrichment program at River School is a fee-based program sponsored by our PTO. Our mission is to provide students with opportunities to engage in creative, inspiring, and fun classes that extend beyond the school day. We strive to encourage students to learn a new skill, engage with peers, and maintain a positive sense of curiosity about the world around them. Classes are hosted by both River School teachers and certified CUSD contractors who are dedicated to their crafts.

Please note: classes fill up quickly!! *Enrollment is first come first served.* Registration dates for Fall 2023 ASE classes are **Aug 30-Sept 6.**

If the class you wish to enroll your child in is full, please email Brittany Schicketanz at bschicketanz@carmelunified.org to get on the *waitlist*.

Important notes:

- *No refunds** will be given after class begins
- *No prorated** classes for late starts or early exits
- *The instructor reserves the right to dismiss** any student from the class due to inappropriate behavior.

List of Spring Classes:

Monday:

Lego Masters with Mrs. Barca-Hall	Grades K-5	3-4pm
Kinder Coco Spanish Class with Majo Spencer	Grades K	2-3pm
Halloween Houses for the Ghoulish Goblin with Ola Rocha	Grades 2-5	3-4pm
Yay for Yarn! With Ms. Hartnett	Grades 2-5	3-4:30pm
PLAY TAIJI (Tai-Chi) with Kaleo Indigo	Grades 3-5	3-4pm

Tuesday:

Kinder Garden with Mrs. McCormick	Grade K	2-3pm
Yoga with Ms. Gunn	Grades 1-5	3-4pm
Art with Megan Collins-Norris	Grades K-2	3-4pm
Chess with Lev Frenklakh	Grades 1-5	3-4pm
Soccer with Mrs. Veronica	Grades 1-3	3-4pm

Wednesday:

Garden Club with Mrs. McCormick	Grades 1-5	3-4pm
Baile Folklorico with Mrs. Bans	Grades K-5	3-4 pm
Coco Spanish Class with Majo Spencer	Grades 1-5	3-4pm

Thursday:

Cooking in the Garden with Mrs. McCormick	Grades 3-5	3-4:30pm
Ultimate Frisbee with Mr. Mendez	Grades 4-5	3-4pm

Pricing:

Hour-long class: \$115/student
Hour-and-a-half class: \$138/student

*Please note that some classes have **additional material fees** which are **paid to the instructor** on the **first day of class**.*

****After registration is closed, and before the first day of class, a welcome email will be sent out with additional information such as room assignments and teacher contact information.****

Class Descriptions:

Monday- LEGO Masters with Mrs. Barca-Hall

Inspired by the popular TV show, we will build and create with LEGOs to inspire engaged learning for students in grades K-5. This session will foster critical-thinking and problem-solving through weekly hands-on activities and challenges. Throughout our activities, students will work both collaboratively and independently to create LEGO items that promote imagination, pique curiosity, and enhance learning. Come build, and have fun with LEGOs!

Grades: K-5

Time: Monday/3-4pm

Enrollment: Minimum of 8 students, maximum of 20

Pricing: \$115 paid at time of registration

Monday- Halloween Houses for the Ghoulish Goblin with Ola Rocha*

Creating, Building and Cooking. Fall is in the air, LETS CELEBRATE! Fall is almost upon us and we will celebrate by building age-appropriate haunted houses that light up and cast shadows of ghoulish goblins. This class will explore the creative side of Fall!! Our activities include: haunted house building, fun & healthy cooking classes (apple crisp to take home is always a hit!), folklore storytelling and outside activities to celebrate Fall!! Each class will have a different level of creativeness and theme. The material fees will cover the cost of snacks, cooking supplies, building materials, art supplies and of course FUN!! Ola is an avid fairy house builder with ten years' experience teaching creative art. She also has a culinary background from her years in Vermont. ***There is an additional materials fee of \$65.00 payable to the instructor (Ola Rocha) on the first day of class.**

Grades 2-5

Time: 3-4pm

Enrollment: Minimum 8, maximum 10 students

Pricing: \$115 paid at time of registration + \$65 materials fee due on the first day of class

Monday- Kinder Coco Spanish Class with Majo Spencer*

Learning Spanish can be fun!

Come join me every Monday after school at the River School Enrichment Program.

Kindergarten hour: 2:00-3:00

This is an engaging way to learn a language through the animated movie “Coco”. We will learn the Spanish language through different fun activities, such as coloring our very own guitar made of cardboard and real strings. Through this activity we will learn Spanish music, instruments, colors, sounds etc. I believe that learning a language is fun but learning a culture can be even more interesting. The guitar is one of many activities we will be doing together. We will make an “ofrenda” like in the movie and learn about different family members from the movie Coco. Space is limited as the theme is popular so please sign up ASAP so you don’t lose your spot.

I am a native Spanish teacher with lots of experience teaching school kids in this area. Please Contact Majo Spencer if you have any questions: majospencer@yahoo.com ***There will be an additional materials fee of \$15, payable to the instructor (Majo Spencer) on the first day of class.**

Grades: K

Day/Time: Mondays/2-3pm

Enrollment: Minimum 8 students, maximum 15

Pricing: \$115 paid at time of registration + \$15 extra materials fee due to instructor on the first day of class

Monday- **Play TaiJi (Tai Chi)**

Our number one goal is to have fun!

TaiJi is an adaptive exercise that is good for all ages and that can be fun for both boys and girls. There is no competition and only an opportunity to enjoy the movement. Tai Ji allows one to focus on the instructor in learning the moves as well as focus on themselves as they feel their body move through the TaiJi dance.

We will learn about teamwork as we slowly move together through the TaiJi form, leadership in so that by following the leader one can achieve great things, and communication, giving everyone the opportunity to communicate to bring about better understanding. Paying attention, focus and concentration are key components within TaiJi that can have a positive effect in other areas of children's growth.

A few benefits of TaiJi practice are, improved strength, balance and coordination and through this strength and balance one develops better posture that is more in alignment with gravity. Most importantly, TaiJi brings a calm sense throughout the body and a tranquil mind.

Join in on the fun with movements like; "Monkey Offers Fruit", "Snake Creeps Down", and "Golden Pheasant Stands On One Leg"

Grades: 3-5

Day/Time: Mondays/3-4pm

Enrollment: Minimum 8, maximum 20 students

Pricing: \$115 paid at time of registration

Monday: Yay for Yarn! with Mrs. Hartnett*

Knitting is a great hobby to encourage creativity, concentration, relaxation, and even math skills! This class is a starting place to learn about the wonderful world of knitting. We will meet in Ms. Hartnett's classroom, Room 23. When the weather is nice we will spend some time knitting in the garden. Yarn, supplies, and projects included!

Kids will learn:

- How to finger knit
- How to make pom-poms & tassels
- How to make a rabbit or cat from yarn
- More experienced knitters may work on individualized projects
- We will complete 1-3 projects during our weeks together

***There will be a \$50.00 additional materials fee, payable to the instructor (Kim Hartnett) on the first day of class.**

Grades: 2-5

Time: Mondays/3-4:30pm

Enrollment: Minimum 8, maximum 10 students

Pricing: \$138 paid at time of registration + \$50 extra materials fee

Tuesday- Adventures in the Kinder Garden*

This class especially for Kindergarteners will be a potpourri of entertainment and “work” in the garden. Over the course of the session, students will hear garden-related stories and learn to plant and do other garden tasks, as well as prepare some simple food with produce they harvested. They will also do garden-related art projects, play games and have the chance to explore the natural world in a less structured way. Every class will be different! Mrs. McCormick will pick up the students and walk them to the garden. Pick up will be in the garden and a snack will be included. ***There will be an additional materials fee of \$40 payable to the instructor (Maryann McCormick) on the first day of class.**

Grade: Kinder Only

Day/Time: Tuesday/2-3pm

Enrollment: Minimum 8, maximum 12 students

Pricing: \$115 paid at time of registration + \$40 materials fee due on the first day of class

Tuesday- Soccer with Mrs. Veronica*

We will focus on dribbling, passing, shooting, and ball control. We will start with drills and end with fun and friendly scrimmages! ***There will be an additional materials fee of \$25 payable to the instructor (Veronica Craft) on the first day of class.**

Grades: 1-3

Time: Thursdays/3-4:00pm

Enrollment: Minimum 8, maximum 12 students

Pricing: \$115 paid at time of registration + \$25 extra materials fee

Tuesday- YOGA with Ms. Gunn

Yoga is an excellent way to improve physical and mental health for ALL ages. Students will practice traditional yoga postures and special breathing techniques while learning how these practices can help calm the nervous system. Students will also learn about the human body via coloring activities, as well as body awareness, community and friendship building and how to grow more self love. Students do not need to have any special skills or any prior knowledge to be in this class. Students will need to wear comfortable clothing and provide their own mat for practice.

Grades: 1-5

Time: Tuesday/3-4pm

Enrollment: Minimum of 8, maximum of 15 students

Pricing: \$115 paid at time of registration

Tuesday- Art with Megan Norris*

Rain or Shine Self Portraits

Each week, we will create a self-portrait as a weather pattern, using different materials and techniques each week to spice it up. We will explore watercolor, lettering, collage, and other painting and drawing techniques. At the end of the eight weeks, each kiddo will have a complete

weather chart to flip through and change every day! ***There will be an additional materials fee of \$25 payable to the instructor (Megan Norris) on the first day of class.**

Grades: K-2

Time: Tuesday/3-4pm

Enrollment: Minimum/Maximum of 8 students

Pricing: \$115 paid at time of registration + \$25 materials fee due on the first day of class

Tuesday- **CHESS for FUN and SUCCESS**

*Note- due to the instructor's schedule, **this class will begin on September 19th!** A make up class will be scheduled and parents will be notified.*

Learn to think & improve creativity. Master magic tricks & combinations. Play, play better, and have fun on all 64 squares & beyond.

Why should children play chess?

Chess...

- inspires imagination and creativity
- encourages logical thinking
- improves memory and concentration
- teaches independence
- inspires self-motivation and boosts self-image
- is a universal language in which anyone can communicate
- CHESS is FUN!

For all these reasons and more, chess playing kids do better at school therefore have a better chance to succeed in life.

Instructor: Lev Frenklakh - a professional chess coach with over 40 years of experience in training, teaching, and promoting chess and foreign language programs at various educational, cultural and sports clubs both in the former U.S.S.R and the United States. (Taught chess classes at Santa Catalina School, All Saints' Chess Club and Summer Program, International School of Monterey, Carmel River School, Robert Down Elementary School, the Hilltop/Casanova Oak Knoll Park Centers for the Monterey Recreation Department, Lyceum of Monterey County, Fort Ord Youth Center, Del Mesa Carmel Community etc.), M.A. in Linguistics, worked as DLIFLC Associate Professor. Lev's daughter Jennie, represented the U.S.A. at Youth World Youth Championships, and was a member of the All American Chess Team.

Grades: 1-5

Time: Tuesday/3-4pm
Enrollment: Minimum 8, maximum 20 students
Pricing: \$115 paid at time of registration

Wednesday - **Gardening Club with Maryann McCormick***

Students are invited to spend an hour each Wednesday developing their gardening skills. We will explore the natural world of our own River School Garden; learn how to grow vegetables and native plants, and even how to use them. These students get to be the garden stewards for the term, learning to nurture our own environment. We will plant bulbs and veggies, prune, tend the pond, weed, compost, harvest – even prepare food and eat, all the while enjoying our pastoral garden and the sheep! Light snacks will be provided and every class will be different. ***There will be an additional \$40.00 materials fee payable to the instructor (Maryann McCormick) on the first day of class.**

Grades: 1 - 5

Day/Time: Wednesday/3-4pm

Enrollment: Minimum 8, maximum 20

Pricing: \$115 paid at time of registration + \$40 materials fee due on the first day of class

Wednesday- **Baile Folklorico with Mrs. Bans**

In Baile Folklorico, students will learn traditional Mexican dances. Folklorico dance, like the English term "folk dance," means people's dances. This type of dance reflects the traditions, cultures, and beliefs of people from particular regions of Mexico. Folklorico dance expresses the life and spirit of a people through its movement and music. We encourage students to participate in Ballet Folklorico and experience pride in Mexican culture!

Grades: K-5

Day/Time: Wednesday/3-4pm

Enrollment: Minimum 8, maximum 10

Pricing: \$115 paid at time of registration

Wednesday- **Coco Spanish Class with Majo Spencer***

Learning Spanish can be fun!

Come join me every Monday after school at the River School Enrichment Program.

1st grade-5th grade: 3:00-4:00

This is an engaging way to learn a language through the animated movie “Coco”. We will learn the Spanish language through different fun activities, such as coloring our very own guitar made of cardboard and real strings. Through this activity we will learn Spanish music, instruments, colors, sounds etc. I believe that learning a language is fun but learning a culture can be even more interesting. The guitar is one of many activities we will be doing together. We will make an “ofrenda” like in the movie and learn about different family members from the movie Coco. Space is limited as the theme is popular so please sign up ASAP so you don’t lose your spot.

I am a native Spanish teacher with lots of experience teaching school kids in this area. Please Contact Majo Spencer if you have any questions: majospencer@yahoo.com ***There will be an additional materials fee of \$15, payable to the instructor (Majo Spencer) on the first day of class.**

Grades 1-5

Day/Time: Wednesdays/3-4pm

Enrollment: Minimum 8 students, maximum 20

Pricing: \$115 at time of registration + \$15 extra materials fee due to instructor on the first day of class

Thursday- **Ultimate Frisbee with Mr. Mendez**

Kids will learn the game of Ultimate Frisbee. They will be taught rules of the game, how to make different throws, play in games, and most importantly, understand the meaning of Spirit of the Game (good sportsmanship).

Grades: 4-5

Day/Time: Thursday/3-4pm

Enrollment: Minimum 8, maximum 12

Pricing: \$115 paid at time of registration

Thursday- **Cooking for Fun with Maryann McCormick***

For those interested in learning some basic cooking techniques, this class will offer the chance to create delicious treats.... and eat them! On the menu could be everything from cauliflower cheese soup to caramel apple parfait to Spanish Torta to Sushi, with the garden produce supplementing the pantry. Students will learn to use a knife and cook top at most meetings, so ages are limited to 3rd - 5th graders. Although some favorite classes are repeated each term, (pizza, for example), the menu changes each term and is based on student input.

Classes will be held in the garden's outdoor kitchen. ***There will be an additional materials fee of \$70 payable to the instructor (Maryann McCormick) on the first day of class.**

Grades: 3-5 only

Day/Time: Thursdays/3–4:30pm

Enrollment: Minimum 8, maximum 20

Pricing: \$138 paid at time of registration + \$70 materials fee due on the first day of class