At the center of all planning is Carmel Unified School District’s commitment to the health and safety of its students, staff, and families while continuing to provide an educational program committed to our mission: The Carmel Unified School District community produces lifelong learners who are prepared for the challenges of higher education, the workplace, and their role as citizens of an ever-changing global community.

The purpose of this plan is to define the measures being taken by Carmel Unified School District to help reduce the risk of infection from COVID-19 (a.k.a., SARS-CoV-2, coronavirus) in an educational setting. The defined measures are based upon guidance from established public health authorities as of the date of this document, including the California Department of Public Health (CDPH), U.S. Centers for Disease Control and Prevention (CDC), California Occupational Safety and Health Administration (CalOSHA) and Monterey County Health Department (MCHD). While the provisions of this document are intended to help reduce COVID-19 risk, they cannot guarantee that infection will not occur. If you or your family have health concerns, always contact your healthcare provider.

### SAFETY PRECAUTIONS AND PROTOCOLS

#### Cleaning Protocols
Carmel Unified School District will adhere to prevailing public health guidance regarding the cleaning and disinfection of its facilities.

#### Masks
In accordance with CDPH guidelines, masks must be worn indoors on all CUSD sites when students are present, including on school buses and areas where physical distancing alone is not sufficient to prevent disease transmission. Staff will teach and reinforce the use of face coverings.

#### COVID-19 Testing
Each CUSD school site has at least one Health Aide Contact Tracer and offers rapid COVID-19 testing for students and staff. CUSD also offers regular PCR testing at a central location at the district office five days a week. To register for testing and make an appointment, please visit our website.

#### Hand Washing
For all CUSD indoor spaces, ventilation is optimized following CDPH Guidance on Ventilation of Indoor Environments.

#### Travel
If you are considering travel, please review this important information from the CDC. We appreciate your support in reducing exposure to students and staff.

#### COVID-19 Vaccinations
In August 2021, Governor Newsom signed an executive order mandating that all school employees and school volunteers either provide proof of full COVID-19 vaccination or submit to regular, weekly COVID-19 testing beginning October 15, 2021.

On October 1, 2021, Governor Newsom announced the COVID-19 vaccine for students will be added to California's list of required vaccines for in-person school, upon full FDA approval. As early as January 1, 2022, or by July 1, 2022 (depending on FDA approval date) COVID-19 vaccination will be required of all staff and students (starting with grades 7-12 and then to include grades K-6, both when approved by FDA).

CUSD is following all current vaccination requirements for staff and will implement student requirements when directed by the state.

#### Volunteers and Visitors
We know family and community engagement is vital to the success of our schools. Per the CDPH, "schools should limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not fully vaccinated." We value our volunteers and look forward to having them back on campus in the future.

#### Ventilation
For all CUSD indoor spaces, ventilation is optimized following CDPH Guidance on Ventilation of Indoor Environments.
SAFETY PRECAUTIONS AND PROTOCOLS CONTINUED

Screening for Symptoms

If a staff or student experiences any of the following symptoms they should stay home, contact their healthcare provider and contact their school site office for direction.

Common Symptoms of COVID-19
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue (tiredness)
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Click here for more information on the symptoms of COVID-19 from the CDC.

School-Based Extracurricular Activities

This guidance applies to all extracurricular activities that are operated or supervised by schools, and all activities that occur on a school site, whether or not they occur during school hours, including, but not limited to, sports, band, chorus, and clubs. Masks are required for all persons while playing all indoor sports, unless wearing a mask during play has been determined to pose a choking hazard by a well-recognized health authority, such as the American Academy of Pediatrics.

For (1) the playing of musical instruments that cannot be done with a face covering (e.g., wind instruments); or (2) when wearing a mask during play poses a choking hazard, at least one of the following options is required:

a. Conduct these activities outdoors;

b. Use modified face coverings and bell coverings when playing wind and brass instruments, and maintain 6 feet of physical distancing;

c. Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated.

Group Tracing, Isolation and Quarantine

CUSD has Health Aides at each school site trained to group trace COVID-19 exposures and to administer COVID-19 tests. Staff, students or families may be contacted from time to time with exposure notices from a CUSD Health Aide as they work diligently to keep staff, students and community members safe.

If a staff member or a student has received a positive COVID-19 test result, they should stay home, contact their healthcare provider and contact their site’s Health Aide Contact Tracer for direction. CUSD also has dedicated weekend group tracers on duty each weekend. To report a COVID positive test result or exposure over a weekend, please call the CUSD COVID response line at (831) 620-8100. See the graphics below for information on when it is safe for students/staff to return to school after quarantine or after isolation, as directed by a CUSD Health Aide or the local health department.

Transportation and Student Meals

CUSD transportation services are operating at normal capacity. Masks are required to be worn by students and staff on all CUSD transportation.

While eating, students are encouraged to socially distance and to eat outdoors whenever weather permits. CUSD provides contact-free meal service to protect students and employees. All school meals are free until further notice. School sites have staggered meal times as feasible to allow for distribution and as much physical distancing as possible.

Social and Emotional Wellness

CUSD staff and schools are committed to supporting the social emotional wellness of each student and staff member. CUSD has expanded its social and emotional support services for the return to in-person instruction.

Consult the CUSD COVID Decision Guide for scenarios and additional information at carmelunified.org