

## **2023-2024 Basketball Practice Schedule**

### **7th & 8th Grade Boys(Starts 11/29)**

Monday and Tuesday: 4:30pm- 6pm

Wednesday: 3-4:30pm

Thursday: 2:30-4pm

Friday: See Friday practice schedule below

### **7th & 8th Girls(Starts 12/4)**

Monday and Tuesday: 3-4:30pm

Wednesday:4:30-6pm

Thursday: 4-5:30pm

Friday: See Friday practice schedule below

### **7th & 8th Friday Practices: 12/1-12/22**

Boys practice:3-4:30pm

Girls practice: 4:30-6pm

### **7th & 8th Friday Practices: 1/12-2/9**

Girls Practice: 3-4:30pm

Boys Practice: 4:30-6pm

### **6th Grade Boys(Starts 12/11):**

Mondays & Wednesdays: 3:15-4:45pm

Thursdays: 2:30-4pm

### **6th Grade Girls(Starts 12/11)s:**

Tuesdays: 3-430pm

Thursdays: 2:30-4pm