After School Enrichment Program Carmel River School Winter 2023/24

ASE Winter 2023/24 Session Dates: December 11-February 16

The After School Enrichment program at River School is a fee-based program sponsored by our PTO. Our mission is to provide students with opportunities to engage in creative, inspiring, and fun classes that extend beyond the school day. We strive to encourage students to learn a new skill, engage with peers, and maintain a positive sense of curiosity about the world around them. Classes are hosted by both River School teachers and certified CUSD contractors who are dedicated to their crafts.

<u>Please note:</u> classes fill up quickly!! *Enrollment is first come first served*. Registration dates for Winter 2023/24 ASE classes are **November 29 - December 6.**

If the class you wish to enroll your child in is full, please email Brittany Schicketanz at <u>bschicketanz@carmelunified.org</u> to get on the *waitlist*.

Please contact Mr. Ramirez before November 27 if you would like to inquire about financial assistance.

Important notes:

*No refunds will be given after class begins

*Refunds before the first day of class are subject to a transaction fee

*No prorated classes for late starts or early exits

*The instructor reserves the right to dismiss any student from the class due to inappropriate behavior.

List of Spring Classes:

Monday:

Lego Masters with Mrs. Barca-Hall	Grades K-5	3-4pm
Knit Whits with Ms. Hartnett	Grades 2-5	3-4:30pm
PLAY TAIJI (Tai-Chi) with Kaleo Indigo	Grades 3-5	3-4pm

Tuesday:

	Kinder Garden with Mrs. McCormick	Grade K	2-3pm	
	Yoga with Ms. Gunn	Grades 1-5	3-4pm	
Wednesday:				
	Garden Club with Mrs. McCormick	Grades 1-5	3-4pm	
	Baile Folklorico with Mrs. Bans	Grades K-5	3-4 pm	
	Art with Sara Elley	Grades 2-5	3-4pm	
	Coding/Robotics with Mrs. Christie	Grades 1-5	3-4pm	
	Coco Spanish with Majo Spencer	Grades K-5	3-4pm	
Thursday:				
	Cooking in the Garden with Mrs. McCormick	Grades 3-5	3-4:30pm	
	Games with Ms. Gunn	Grades 1-5	3-4pm	
	Art with Noelle Coetzee	Grades 4-5	3-4pm	
	Literary Art with Mrs. Christie	Grades TK/K	2-3pm	

Pricing:

Hour-long class: \$115/student

Hour-and-a-half class: \$138/student

Please note that some classes have additional material fees which are paid to the instructor on the first day of class.

^{*}After registration is closed, and before the first day of class, a welcome email will be sent out with additional information such as room assignments and teacher contact information.*

Class Descriptions:

Monday: LEGO Masters with Mrs. Barca-Hall

Inspired by the popular TV show, we will build and create with LEGOs to inspire engaged learning for students in grades K-5. This session will foster critical-thinking and problem-solving through weekly hands-on activities and challenges. Throughout our activities, students will work both collaboratively and independently to create LEGO items that promote imagination, pique curiosity, and enhance learning. Come build, and have fun with LEGOs!

Grades: K-5

Time: Monday/3-4pm

Enrollment: Minimum of 8 students, maximum of 20

Pricing: \$115 paid at time of registration

Monday: Play TaiJi (Tai Chi) with Kaleo Indigo

Our number one goal is to have fun!

TaiJi is an adaptive exercise that is good for all ages and that can be fun for both boys and girls. There is no competition and only an opportunity to enjoy the movement. Tai Ji allows one to focus on the instructor in learning the moves as well as focus on themselves as they feel their body move through the TaiJi dance.

We will learn about teamwork as we slowly move together through the TaiJi form, leadership in so that by following the leader one can achieve great things, and communication, giving everyone the opportunity to communicate to bring about better understanding. Paying attention, focus and concentration are key components within TaiJi that can have a positive effect in other areas of children's growth.

A few benefits of TaiJi practice are, improved strength, balance and coordination and through this strength and balance one develops better posture that is more in alignment with gravity. Most importantly, TaiJi brings a calm sense throughout the body and a tranquil mind.

Join in on the fun with movements like; "Monkey Offers Fruit", "Snake Creeps Down", and "Golden Pheasant Stands On One Leg"

Grades: 3-5

Time: Mondays/3-4pm

Enrollment: Minimum 8, maximum 20 students

Pricing: \$115 paid at time of registration

Monday: Knit Wits with Mrs. Hartnett*

Knitting is relaxing, fun, creative, and even promotes mathematical thinking! Learn the basics of traditional knitting with needles. In this class students will learn how to cast on, knit stitch, cast off, and make a few projects. *There will be a \$50.00 additional materials fee, payable to the instructor (Kim Hartnett) on the first day of class.

Grades: 2-5 (exception made for 2nd grade students who attended the Fall class)

Time: Mondays/3-4:30pm

Enrollment: Minimum 8, maximum 15 students

Pricing: \$138 paid at time of registration + \$50 extra materials fee

Tuesday: Adventures in the Kinder Garden* with Mrs. McCormick

This class especially for Kindergarteners will be a potpourri of entertainment and "work" in the garden. Over the course of the session, students will hear garden-related stories and learn to plant and do other garden tasks, as well as prepare some simple food with produce they harvested. They will also do garden-related art projects, play games and have the chance to explore the natural world in a less structured way. Every class will be different! Mrs. McCormick will pick up the students and walk them to the garden. Pick up will be in the garden and a snack will be included. *There will be an additional materials fee of \$40 payable to the instructor (Maryann McCormick) on the first day of class.

Grade: Kinder Only Time: Tuesday/2-3pm

Enrollment: Minimum 8, maximum 12 students

Pricing: \$115 paid at time of registration + \$40 materials fee due on the first day of class

Tuesday: YOGA with Ms. Gunn

Yoga is an excellent way to improve physical and mental health for ALL ages. Students will practice traditional yoga postures and special breathing techniques while learning how these practices can help calm the nervous system. Students will also learn about the human body via coloring activities, as well as body awareness, community and friendship building and how to grow more self love. Students do not need to have any special skills or any prior knowledge to be in this class. Students will need to wear comfortable clothing and provide their own mat for practice.

Grades: 1-5

Time: Tuesday/3-4pm

Enrollment: Minimum of 8, maximum of 15 students

Pricing: \$115 paid at time of registration

Wednesday: Gardening Club with Mrs. McCormick*

Students are invited to spend an hour each Wednesday developing their gardening skills. We will explore the natural world of our own River School Garden; learn how to grow vegetables and native plants, and even how to use them. These students get to be the garden stewards for the term, learning to nurture our own environment. We will plant bulbs and veggies, prune, tend the pond, weed, compost, harvest – even prepare food and eat, all the while enjoying our pastoral garden and the sheep! Light snacks will be provided and every class will be different. *There will be an additional \$40.00 materials fee payable to the instructor (Maryann McCormick) on the first day of class.

Grades: 1 - 5

Time: Wednesday/3-4pm

Enrollment: Minimum 8, maximum 20

Pricing: \$115 paid at time of registration + \$40 materials fee due on the first day of class

Wednesday: Coding/Robotics with Mrs. Christie*

Students will be engaged in hands-on investigation of STEAM concepts by building and coding with SPIKE by Lego. Each week, students brainstorm and develop creative solutions to real-world problems through trial and error while collaborating with their peers. *There will be an additional materials fee of \$50 payable to the instructor (Anyssa Christie) on the first day of class.

Grades: 1-5

Time: Wednesday/3-4pm

Enrollment: minimum 6, maximum 9

Pricing: \$115 paid at the time of registration + \$50 materials fee due on the first day of

class

Wednesday: Baile Folklorico with Mrs. Bans

In Baile Folklorico, students will learn traditional Mexican dances. Folklorico dance, like the English term "folk dance," means people's dances. This type of dance reflects the traditions, cultures, and beliefs of people from particular regions of Mexico. Folklorico dance expresses the life and spirit of a people through its movement and music. We encourage students to participate in Ballet Folklorico and experience pride in Mexican culture!

Grades: K-5

Time: Wednesday/3-4pm

Enrollment: Minimum 8, maximum 10 Pricing: \$115 paid at time of registration

Wednesday: Sculpture and 3 Dimensional Art Class with Sara Elley*

Time to be creative, expressive and have fun! In this class students will explore a variety of mediums, including: paper mache, clay, wire and found objects to create 3D artworks. Each session, we will draw a bit of inspiration from other artists, but most of class-time will be spent hands-on. Please bring an art shirt or apron to protect your clothes and be ready to get your hands dirty. *There will be a \$30.00 additional materials fee, payable to the instructor (Sara Elley) on the first day of class.

Grades: 2-5

Time: Wednesdays/3-4pm

Enrollment: Minimum 8, maximum 15

Pricing: \$115 at time of registration + \$30 extra materials fee due to instructor of the first

day of class

Wednesday: Coco Spanish Class with Majo Spencer*

This is an engaging way to learn a language through the animated movie "Coco". We will learn the Spanish language through different fun activities. I believe that learning a language is fun, but learning a culture can be even more interesting. We will be trying different Spanish foods and learning the culture with it. You can't learn a language if you don't know the culture. They both go together. We will concentrate on different activities and I will try to teach culture and language at the same time. Space is limited, and the theme is popular, so please sign up ASAP so you don't lose your spot.

I am a native Spanish teacher with lots of experience teaching school kids in this area. Please Contact Majo Spencer if you have any questions: majospencer@yahoo.com. *There will be a \$15.00 additional materials fee, payable to the instructor (Majo Spencer) on the first day of class.

Grades: K-5

Time: Wednesdays/3-4pm

Enrollment: Minimum 8 students, maximum 20

Pricing: \$115 at time of registration + \$15 extra materials fee due to instructor on the first

day of class

Thursday: Cooking for Fun with Mrs. McCormick*

For those interested in learning some basic cooking techniques, this class will offer the chance to create delicious treats.... and eat them! On the menu could be everything from cauliflower cheese soup to caramel apple parfait to Spanish Torta to Sushi, with the garden

produce supplementing the pantry. Students will learn to use a knife and cook top at most meetings, so ages are limited to 3rd - 5th graders. Although some favorite classes are repeated each term, (pizza, for example), the menu changes each term and is based on student input. Classes will be held in the garden's outdoor kitchen. *There will be an additional materials fee of \$70 payable to the instructor (Maryann McCormick) on the first day of class.

Grades: 3-5 only

Time: Thursdays/3–4:30pm

Enrollment: Minimum 8, maximum 20

Pricing: \$138 paid at time of registration + \$70 materials fee due on the first day of class

Thursday: Literary Art with Mrs. Christie*

Each week we will be creating art based on a children's story. Students will be using paint, collage, and other mediums to create beautiful works of art. *There will be an additional materials fee of \$5 payable to the instructor (Anyssa Christie) on the first day of class.

Grades: TK/K

Time: Thursdays/ 2-3pm

Enrollment: Minimum 8, maximum 10

Pricing: \$115 paid at time of registration + \$5 materials fee due on the first day of class

Thursday: Games with Ms. Gunn

Kids, come play all kinds of games with your friends in this fun, exciting, and easy going after school class. We will have board games, dice games, card games, memory games, challenge games, bingo, jenga, twister, Battleship, Dr. Eureka, cup stacking, puzzles, backgammon, checkers, and more!! Bring a snack and come hang out!!

Grades: 1-5

Time: Thursday/3-4pm

Enrollment: Minimum 10, Maximum 24 Pricing \$115 paid at time of registration

Thursday: Painting Landscapes with Mrs. Coetzee*

Parents get ready to frame some art! Students will learn how to paint local landscape scenes from a professional artist. Students will be provided their own easel, paint set, brushes, canvases, and pallet to be taken home at the end of the class. The paint we will be using is nontoxic acrylic paint. It is permanent, so students should bring either an apron or wear clothing they are prepared to get messy. *There will be a \$45.00 additional materials fee, payable to the instructor (Noelle Coetzee) on the first day of class.

Grades: 4-5

Time: Thursdays/3-4pm

Enrollment: Minimum 8, maximum 16

Pricing: \$115 paid at the time of registration + \$45 materials fee due to instructor on the

first day of class